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2022 ISSUE 3



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Please click [HERE](#) for a complete list of NCATA Committee Chairs.

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.



President's Message

Nina Walker, MA, LAT, ATC

Hello Colleagues,

Wow where did the summer go? Hope you all got a little down time to enjoy, and reflect on the past year. We have been busy looking into various initiatives over the last few months, and have been so excited about some of the great programming

that has been offered and progress that we have made in our goals of improving things for ATs in NC.

I hope that more of you will take advantage of our really excellent discussions on zoom. Our social media which has been outstanding has all of the information and more about our events. The DEI had a great one on neurodiversity. I learned a ton and enjoyed sharing with colleagues in the state. They will be having another one in late September so please keep an eye out on learning about and supporting our Latinx colleagues and patients. I challenge you all to step out of your comfort zone and participate in these wonderful and rich conversations. Having amazing speakers, that you can claim CEUS for free (although that should not be the goal), is one of the many benefits we have been excited to share with you.

The next one was, the incredible NC High School Sports Health and Safety Rules Refresher. What an amazing way to learn or be reminded of great ways to prepare to have a successful season. Thank you to the YP and Settings Committees for creating this forum to help ATs learn of rules, tricks and networking for the upcoming year. Look out for one before wrestling starts!

Did you know we had a [YOUTUBE](#) page? Check it out. If you missed any of our talks, if recorded they are there to watch.

We have also been working with stakeholders in the state to evaluate the current open jobs vs AT situation in the state. Really great conversations with all of the stakeholders; educators, administrators, leaders, and employers/ees. There are so many layers to these conversations that are being addressed with actionable items that will hopefully help in the future.

The most important thing is to remember this is an incredible profession, so instead of constantly talking about what's wrong with it, remember what is great and share that with our potential and current students. It's great to challenge and innovate to create a better situation, but that is an action. What will make this profession thrive is embracing our students and helping them succeed. Show them that you can make this a well balanced profession, with time for family and friends. Some of our friends in the secondary school setting are leading the way, let' follow and show it's possible.



Last challenge is to share your expertise. We have the best ATs and leaders in our very own state. Be a site for an immersion student (<https://www.ncathletictrainer.org/immersion>), invite a HS or college student to observe and see what being an AT is like. Post about some of the great parts of our profession. Reach out and become a mentor on GATHER or with our YP Committee. It starts with you!

Have a great fall and keep being an impact in someone's life.

All My Best,
Nina Walker
NCATA President



Vice President Message

Meredith Petschauer, PhD, LAT, ATC

As we end summer and move into the fall, I want to update you on some of the projects that I have been working on. We launched an immersion site link to our NCATA website. We can now collect information and post immersion experience opportunities for students in NC. We are hoping that clinical sites will complete the information so we can post their site and receive applications from interested program students. [This page](#) is located on our website and can be found under the RESOURCES tab.

As an organization we have also been having discussions regarding the shortage of athletic trainers in North Carolina. These sessions have been led by Chris Ina and have allowed us to collect information and brainstorm as to how we can improve our jobs and maintain student interest in athletic training.

Finally, we have been working with the individuals designing the NC Sports Hall of Fame. We are working to be included in the initial design steps of the museum exhibit describing athletic trainers. We welcome feedback on any of these topic areas.

Feel free to email me at vicepresident@ncata.net. Enjoy the rest of your summer!

Governmental Affairs Committee

Our governmental affairs chair, Dan Duffy, attended the BOC CARE Conference from July 15-15, 2022 in Omaha, NE thanks to the NCBATE. This conference focused on compliance and regulatory education for best practices in athletic training.

Program topics sought to empower AT regulators and leaders in developing strategic initiatives and resolutions to protect the public. (pictured right)



NCATA Honors and Awards

It's that time of year again...NOMINATION

We have so many Certified Athletic Trainers' and other Healthcare Providers/Organizations that are well deserving of honors and awards...Don't Delay...Nominate Today. Nominations are due on **January 1st, 2023**.

NOMINATION CATEGORIES

- Presidential Award:**
 This award recognizes any business, medical practices, organizations or individuals that have supported healthcare services above and beyond the expected support of athletic trainers and the athletic training community.
 - AT Service Award**
 This award recognizes NCATA members for their service and contributions to the athletic training profession. ATSA recipients are involved in the local and state associations, community organizations and other services that represent the AT profession.
 - Bill Griffin Most Distinguished Athletic Trainer Award**
 This award recognizes NCATA members who have demonstrated outstanding commitment to leadership, service, advocacy and professional activities as an athletic trainer. The DAT recognizes NCATA members who are involved in service and leadership activities at the state, district and national level.
- To nominate someone today visit <https://bit.ly/ncatahonorsandawards>
- Lifesaver Awards:**
 No of an athletic trainer who had a lifesaving event over the past event. Let's honor their life saving event. Please email ncatahonorsandawards@gmail.com complete story and any photos that you may have regarding the lifesaving event.

Want to highlight an athletic trainer, organization, business for all they are doing in the community. Email [@ncatahonorsandawards@gmail.com](mailto:ncatahonorsandawards@gmail.com) Let's continue to highlight all the great things that our healthcare professionals are doing.

Dry Needling Course Series 2022-2023

Elon University
 Oct 1-2
 Course 1 of 2



Elon University
 Feb 18-19
 Course 1 of 2

Nov 12-13
 Course 2 of 2
 Elon, NC



Apr 1-2
 Course 2 of 2
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BOC Approved
 54 hours over 2 courses

See our website for details
 about our courses:
doubleeducation.com

NCATA Scholarships

It's that time of year again to submit applications for Scholarships.

The NCATA offers three College scholarships (@ \$1,500 per) for current athletic training students enrolled at a college or university in North Carolina.

To be eligible for consideration of an NCATA scholarship, the applicant must:

1. Be a current member of the NCATA, applicant must provide a copy of current NATA membership card
2. Be currently enrolled in a CAATE accredited professional athletic training education program (ATEP) in North Carolina
3. Must have earned a minimum of 2.5 overall GPA, and a 3.0 in ATEP courses
4. Three letters of recommendation from the following sources:
 - ATEP Director
 - LAT, ATC clinical supervisor (must be different from program director)
 - one additional letter from: MD, instructor or Athletic Trainer
5. An official sealed transcript
6. An unofficial transcript with ATEP classes highlighted
7. An essay that must be typed, 10-point minimum, addressing future and goals for achievement.

The application is completed online. All other supporting documentation must be emailed together and received by February 1st, except for the Official Sealed Transcript, which should be **postmarked by February 1st, 2023**. Please provide this email address, ncatascholarships@gmail.com, to those submitting a Letter of Recommendation. **The Subject Line should contain your Full Name.**

Are you interested in BEING a part of the HONORS & AWARDS Committee?

Honors and Awards are looking for individuals to help support in the following areas

Honors and Awards Committee

Your responsibility will include helping review applications and being a part of the selection of the Honors and Awards recipient. We meet quarterly and our heaviest months are November-March.

Criteria: Honors and Awards Committee

- Must be BOC ATC in good standing
- Must be a member of the NCATA
- Must have at least 1 year experience in the Athletic Training Profession

Scholarships Committee

Your responsibility will include collection, helping review applications, essays and being a part of the selection of the Scholarships recipient. We meet quarterly and our heaviest months are November-March.

Criteria: Scholarships Committee

- Must be a BOC ATC and in good standing
- Must be a member of the NCATA
- Must have at least 1 year experience in the Athletic Training profession
- Must be a non-faculty member

NCATA Hall of Fame Committee

Your responsibility will include gathering all important information of our Hall of Famer. We meet quarterly and our heaviest months are November-March.

- Must be BOC ATC in good standing
- Must be a member of the NCATA
- Must have at least 1 year experience in the Athletic Training Profession

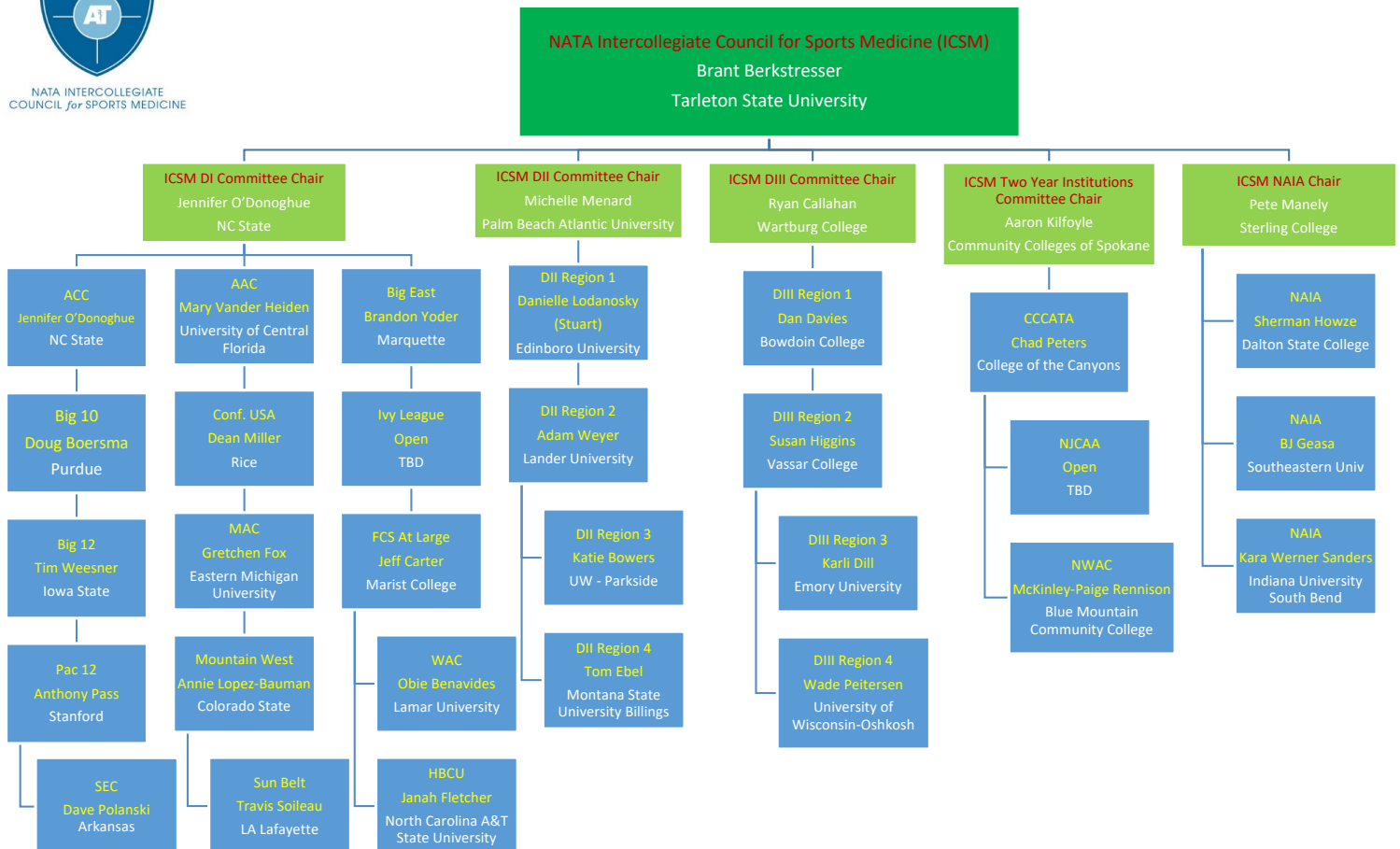
NATA - ICSM UPDATE

The *NATA Timely Topics Series* will provide members with an engaging, high-level introductory conversation about a hot topic in athletic training. Each event will give attendees the chance to connect in real-time to thought leaders who have anecdotal success within these areas of interest as well as access to a library of related resources.

The next upcoming NATA Timely Topic series on *Nutrition and the Athletic Trainer*, August 19th. Registration is free for NATA members, \$45 per event for Non-Members. Anyone can register through [THIS LINK](#).

The NATA-ICSM continues to identify relevant, timely issues in the field of athletic training and collaborate with various organizing bodies of collegiate and intercollegiate athletics to improve student athlete safety, well-being and healthcare by influencing policy and providing resources. Links below provide contact information for individuals you may contact if you have questions or would like the ICSM to consider projects you feel are important to the membership.

- [Intercollegiate Council for Sports Medicine-Division I](#)
- [Intercollegiate Council for Sports Medicine-Division II](#)
- [Intercollegiate Council for Sports Medicine-Division III](#)
- [Intercollegiate Council for Sports Medicine-NAIA](#)
- [Intercollegiate Council for Sports Medicine-Two Year Institutions](#)



NCATA Young Professionals Committee

The NCATA Young Professionals Committee hosted a summer social at Drive Shack (Raleigh) this past month! We had a great showing of young professionals from across the state. It was such a blast playing all the different golf games and showing off our skills..or lack there of 😊 It was an easy, laid back environment where everyone was able to relax and get to know each other. Seeing all the people that attended make connections and relationships with other Athletic Trainers was amazing and really showed how much our committee is growing. Our NCATA president, Nina Walker, joined in on the fun as well! She made a point to talk to everyone at the social and sparked insightful conversations on how the state can help our YPs. Keep an eye out for our next event, we can't wait to see you there!



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NCISAA Meeting

(North Carolina Independent School Athletic Association)

In June, Dr. Katie Hanes-Romano presented to independent school Athletic Directors and Athletic Trainers discussing facts and figures as it pertains to improving athletic healthcare. Along with Dr. Kevin Burroughs, Dr. Hanes-Romano educated the ADs about the Gfeller Waller concussion paperwork and how it should be completed, submitted to appropriate school personnel, and what constitutes full medical clearance to return to play. (Pictured below)



NCISAA Awards

Jon Schner, Monica Erb and John Erb were recognized at the annual NCISAA Athletic Directors and Sports Medicine Conference for their 20-30 years of service in Athletic Training. (Pictured right)

NCHSAA Coaches Clinic

(North Carolina High School Athletic Association)

Emily Gaddy and Dr. Katie Hanes-Romano presented at the annual NCHSAA Coaches Clinic in July about advocating for your program at the secondary school level and also discussing areas of concern and best practice ways to approach a variety of situations that relate to athlete healthcare and policy and procedure.



NCHSAA Athletic Trainer of the Year Recipient

Emily Gaddy

Emily Gaddy from Orange High School was awarded at the annual NCHSAA Coaches Clinic with the Elton Hawley Athletic Trainer of the Year Award. Emily has been serving as OHS's Head Athletic Trainer for 10 years and is a representative of the NCHSAA Sports Medicine Advisory Committee.





Diversity, Equity, and Inclusion

On Tuesday June 7th, the DEI committee hosted an urgent Can We Talk in response to multiple active shooting events in the United States in recent weeks. We were blown

away by the participation and comments, with athletic trainers attending from all across the United States, every time zone was represented! Hosted as an open forum, this event provided an environment to process our fears and concerns as well as the practical planning that all athletic trainers do. We discussed various fears, social interventions, processed our own reactions and experiences, and discussed emergency response including gunshot wound and major bleeding protocols. It was truly a powerful and informative event and we look forward to hosting similar needed conversations in the future!

On Tues July 26th, the DEI Committee hosted "Can We Talk: Understanding Neurodiversity" facilitated by Kelly Daniels, co-chair of the DEI committee, and Nina Walker, NCATA President. We began the event with Kelly presenting some key terms and ideas regarding Neurodiversity and care implications before exploring some discussion topics with all attendees sharing questions and thoughts. Major points including defining language and keeping up with the evolution

of language in this area, building an inclusive and supportive environment, reconciling with biases, and externalizing focus to best serve our patients! As is usual with our events, the conversation was so great, we did not even get to the case studies before time ran out! The presentation portion is available on the NCATA Youtube site. Link on [YOUTUBE](#).

Later this month, we will be hosting another Can We Talk event focused on considerations for care for Latinx populations. This event will be hosted by Jorge Islas, a clinic based athletic trainer with Duke Orthopedics with extensive experience in a variety of settings. While targeted towards the populations we serve here in North Carolina, the information and discussion is applicable in settings across the United States. Look to the DEI Instagram for details and registration info! To get the zoom link to participate in this discussion please email dei@ncata.net. We will also host an additional open forum for athletic trainers to talk about items that are on their minds in September. Follow NCATA_DEI on twitter and instagram and visit our website for more information. Reminder, all Can We Talk events can be applied as Category D CEUs still!





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The NCATA is now offering Advertising space in our Quarterly Newsletter. Our newsletter is electronically distributed to all NCATA members. You will be asked to submit 300 dpi jpg or high resolution PDF.

Please contact Eric Hall for additional information.

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| Quarter Page 4" x 5.25" | \$60 |

4 Issues

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