



Team Up for Sports Safety (TUFSS)  
Hosted by Korey Stringer Institute, NFL, & NCATA  
Held at NC State, June 2024



## Board of Directors

### 2024 Executive Committee

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#### Committee Chairs

Please click [HERE](#) for a complete list of NCATA Committee Chairs.

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.



## President's Message

Nina Walker, MA, LAT, ATC

Hello Colleagues,  
Hope you enjoyed a restful summer and are taking some time for yourselves as things ramp up.

I am still smiling from our amazing Gala. It was such an honor and privilege to hand out rings to our well deserving HOF, and getting to meet some of the original ATs in our state. It was so great that we are moving up the deadline for [HOF nominations](#) to October 1st to make sure I am able to hand out those shiny rings in March at [our conference](#) at Novant in Winston-Salem.

We also had an incredible opportunity to meet with KSI at NC State for the Team Up for Sports Safety Event. It was a wonderful exchange of ideas that will help us focus our safety efforts in secondary schools. We have always been one of the top states according to KSI but there are always opportunities to get better, esp with coaches education and utilization of first responders (aiders).

We also had our last meeting of our [NCATA Leadership Institute](#). [Applications](#) are open now (<https://www.ncathletictrainer.org/ncatali>) and close November 1st. I enjoyed working with this class learning from leaders in a number of different professions, I enhanced my understanding of my leadership style, learned to create more sustainable goals, increase empathy and heard from university leaders and business leaders.

We have such incredible state with outstanding students and clinicians. Don't forget to [nominate](#) them for our awards.

Health and Happiness,  
Nina

**WE ARE**  
*Accepting*  
SUBMISSIONS FOR  
NCATA 2025 SYMPOSIUM

[NCATHLETICTRAINER.ORG/UPCOMING-EVENTS](https://www.ncathletictrainer.org/upcoming-events)

# NCATA Elections for Vice-President

Voting begins this week and ends September 30th.

[VIEW CANDIDATES HERE](#)

## NCATA ANNUAL SPRING SYMPOSIUM AND AWARDS BANQUET

 MARCH 7-9, 2025

 WINSTON-SALEM, NC

ABSTRACTS FOR PRESENTATIONS AND LEARNING LABS DUE  
NOVEMBER 15, 2024

CHECK OUT [WWW.NCATHLETICTRAINER.ORG/SPRING-SYMPOSIUM](http://WWW.NCATHLETICTRAINER.ORG/SPRING-SYMPOSIUM) FOR INFORMATION AND LINK TO SUBMIT



Above: NCATA Hall of Fame  
Below: Leadership Institute Meeting at UNCC



## NCATA Honors and Awards

Calling ALL Hall of Fame NOMINATORS  
It's Nomination Time...

Know of someone who is deserving of being an  
inductee of the Hall of Fame.

**Nominate today**  
**Nominations are due by October 1<sup>st</sup>**  
**Applications are due by November 1<sup>st</sup>**

### Hall of Fame Criteria

1. Nominees must be current or retired BOC Certified Member of the NCATA.
2. Nominee must hold a current NCBATE License (unless retired)
3. Nominees must have been certified for a minimum of 20 years and a member of the NCATA for a minimum of 15 years (does not have to be consecutive years).
4. Nominees must have provided service to the NCATA.
5. Sponsoring members must be regular member of the NCATA.
6. The sponsoring member should complete the nomination form.
7. The Board of Directors has the right to identify and nominate worthy individuals for consideration who may not meet the above criteria.

**Nominate Today!**

### Dry Needling Course Series

**2024**  
Elon

Nov 9-10 Course 1 of 2

Dec 7-8 Course 2 of 2



-BOC Approved! Category A -54  
hours(over 2courses).  
-See our website for more course  
dates and details!



**SHARE YOUR  
MEMORIES WITH US!**



@evidenceandexpertise



@Double\_e\_education

## It's Nomination Time...

We have so many Certified Athletic Trainers' and other Healthcare Providers/Organizations that are well deserving of honors and awards...Don't Delay...Nominate Today. Nominations are due on **January 15, 2025**.

### Nomination Categories

#### Presidential Award

This award recognizes any business, medical practices, organizations or individual that have supported healthcare services above and beyond the expected in support of athletic trainers and the athletic training community.

#### AT Service Award

This award recognizes NCATA members for their service and contributions to the athletic training profession. ATSA recipients are involved in the local and state associations, community organizations and other services that represent the AT profession.

#### Bill Griffin Most Distinguished Athletic Trainer Award

This award recognizes NCATA members who have demonstrated outstanding commitment to leadership, service, advocacy and professional activities as an athletic trainer. The DAT recognizes NCATA members who are involved in service and leadership activities at the state, district and national level.

To nominate someone today, [CLICK HERE](#).

Stay up to date on our social media channels as we highlight each nomination category.

### Executive Board at TUFSS



### Living His Dream Job

A passion for sports and an injury playing high school football drew Andy to the career of Athletic Trainer. Working at the high school level became his sole focus. Today, Andy is Living His Dream Job as the Certified Athletic Trainer for South Florence High School. "Often, athletes are at their lowest point when injuries keep them from the sports they love," said Andy. "Being part of an athlete's return to play is so rewarding."

Visit [Jobs.mcleodhealth.org](http://Jobs.mcleodhealth.org) to see available positions and start living your dream.

For more information contact:  
[Jennifer.Hedinger@mcleodhealth.org](mailto:Jennifer.Hedinger@mcleodhealth.org)  
[Rebekkah.Chilton@mcleodhealth.org](mailto:Rebekkah.Chilton@mcleodhealth.org)

**McLeod Health**  
[Jobs.McLeodHealth.org](http://Jobs.McLeodHealth.org)

## NCATA Young Professionals Update

The YP Committee hosted a fun social at this years annual spring symposium! We had lots of yummy pizza and played virtual games at Rounds Golf and Ledo Pizza. We had a great turnout of students and young professionals. We also hosted a post graduation financial discussion for the NC MSAT students to talk about life after school.

We are currently looking for a Co-Chair to join Johanna with the Young Professionals Committee. If you are interested please email Johanna your resume and a cover letter to [Johanna.L.White@atriumhealth.org](mailto:Johanna.L.White@atriumhealth.org).

## NCATA Leadership Institute

Consider applying for the NCATA Leadership Institute! Applications for the next class of Leadership Fellows opened September 1, 2024 and will close November 1, 2024. Fellow benefits include

- Intentional skill building taught by experts, engaged NCATA members, and experienced leaders/professionals in related fields (ie. Medicine, Business, Industry, Education)
- Networking between fellows, with NCATA leadership, with invited guests (AT's and Non-AT's)
- Creation of an NCATALI Alumni base who grow into leaders in the profession
- A resource pool of willing and able personnel for the NCATA Board of Directors to call upon
- Generation of new ideas, vision, and collaboration
- Intentional skill building for strong future leadership within the state and beyond

The group meets in person in March and July, and virtually several times per year. Please direct inquiries to the NCATALI Coordinator, Ashley Long at [ashleylong111@gmail.com](mailto:ashleylong111@gmail.com) and find application materials and information at [NCATA LEADERSHIP INSTITUTE](https://www.ncata.org/leadership-institute).



### Shoulder Reduction Trainer

- Hands-on training for management of anterior and posterior humeral dislocations
- Fidelic range of motion in reduced and dislocated states
- Simulates multiple reduction techniques
- Anatomical landmarks for realistic palpation



*Practice in the classroom*

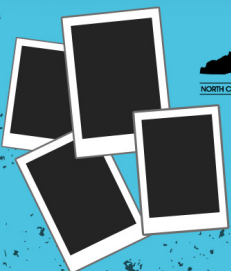
***Perform in the field***

For more information contact us at [dislotech@lunalabs.us](mailto:dislotech@lunalabs.us)

**dislotech.com**



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29  
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\$330K  
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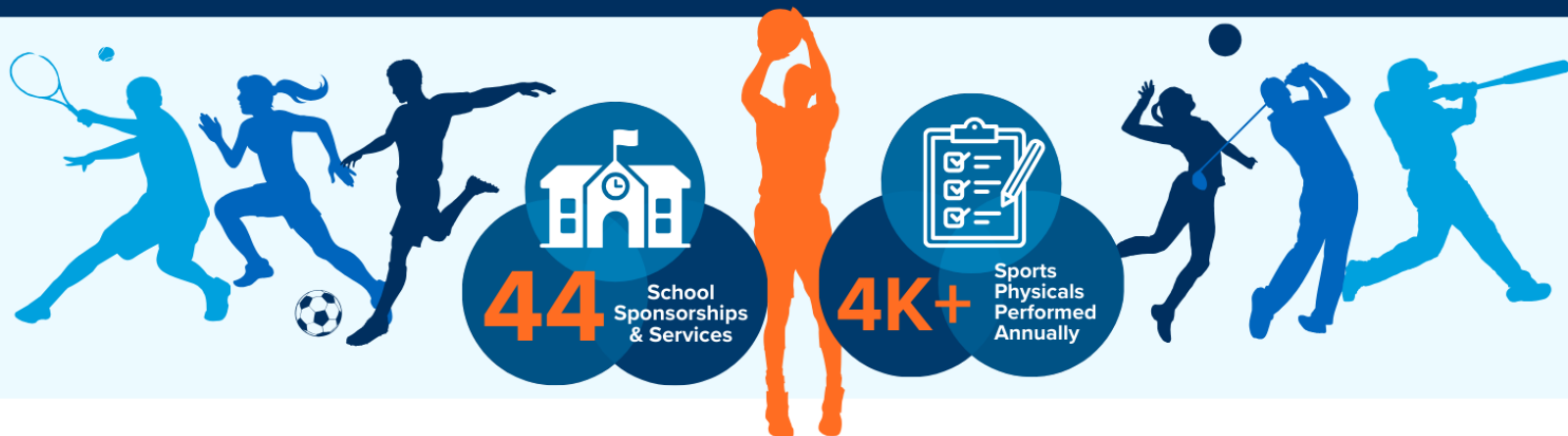
25  
Employees Assisted



EmergeStronger  
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EmergeOrtho is honored to support our communities and team members, as well as the many educational programs, charitable causes, and nonprofit organizations that keep communities vibrant and healthy. EmergeOrtho has a reputation for world-class orthopedic care, a culture of supporting each other, and a steadfast commitment to our communities.



44  
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## NCATA Scholarships

It's that time of year again to submit applications for Scholarships.

The NCATA offers three College scholarships (@ \$1,500 per) for current athletic training students enrolled at a college or university in North Carolina.

### To be eligible for consideration of an NCATA scholarship, the applicant must:

1. Be a current member of the NCATA, applicant must provide a copy of current NATA membership card
2. Be currently enrolled in a CAATE accredited professional athletic training education program (ATEP) in North Carolina
3. Must have earned a minimum of 2.5 overall GPA, and a 3.0 in ATEP courses
4. Three letters of recommendation from the following sources:
  - ATEP Director
  - LAT, ATC clinical supervisor (must be different from program director)
  - one additional letter from: MD, instructor or Athletic Trainer
5. An official sealed transcript
6. An unofficial transcript with ATEP classes highlighted
7. An essay that must be typed, 10-point minimum, addressing future and goals for achievement.

The application is completed online. All other supporting documentation must be emailed together and received by February 1st, except for the Official Sealed Transcript, which should be **postmarked by January 15th, 2025**. Please provide this email address, [ncatascholarships@gmail.com](mailto:ncatascholarships@gmail.com), to those submitting a Letter of Recommendation. The Subject Line should contain your Full Name.



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MAATA Awards

Dr. Katie Walsh Flanagan,  
 Nina Walker, Dr. Shelby Baez

## Are you interesting in BEING a part of the HONORS & AWARDS Committee?

Honors and Awards are looking for individuals to help support in the following areas

### **Honors and Awards Committee**

Your responsibility will include helping review applications and being a part of the selection of the Honors and Awards recipient. We meet quarterly and our heaviest months are November-March.

#### *Criteria: Honors and Awards Committee*

- ☐ Must be BOC ATC in good standing
- ☐ Must be a member of the NCATA
- ☐ Must have at least 1 year experience in the Athletic Training Profession

### **Scholarships Committee**

Your responsibility will include collection, helping review applications, essays and being a part of the selection of the Scholarships recipient. We meet quarterly and our heaviest months are November-March.

#### *Criteria: Scholarships Committee*

- ☐ Must be a BOC ATC and in good standing
- ☐ Must be a member of the NCATA
- ☐ Must have at least 1 year experience in the Athletic Training profession
- ☐ Must be a non-faculty member.

### **NCATA Hall of Fame Committee**

Your responsibility will include gathering all important information of our Hall of Famer. We meet quarterly and our heaviest months are November-March.

- ☐ Must be BOC ATC in good standing
- ☐ Must be a member of the NCATA
- ☐ Must have at least 1 year experience in the Athletic Training Profession



*Instagram*  
ncathletictrainers



## GET YOUR WORD OUT!

### Advertise with the NCATA

The NCATA is now offering Advertising space in our Quarterly Newsletter. Our newsletter is electronically distributed to all NCATA members. You will be asked to submit 300 dpi jpg or high resolution PDF.

Please contact Eric Hall for additional information.

Price Breakdown:

#### 1 Issue

Full Page 8.5" x 11"	\$100
Half Page 8.5" x 5.25"	\$75
Quarter Page 4" x 5.25"	\$60

#### 4 Issues

Full Page 8.5" x 11"	\$320
Half Page 8.5" x 5.25"	\$280
Quarter Page 4" x 5.25"	\$200



MID ATLANTIC ATHLETIC TRAINERS' ASSOCIATION

# STUDENT SENATE

## What is the MAATA Student Senate?

The student senate is comprised of **2 athletic training students enrolled in athletic training programs from each state in District III** - D.C., Maryland, North Carolina, South Carolina, Virginia, and West Virginia. The group **serves as the voice** for all athletic training students in DIII, **engages in service initiatives**, and is responsible for **planning and carrying out the student education program** at the annual symposium.



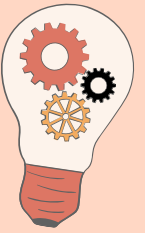
## What does being a student senator entail?

Student senators serve a “2-year” term, from **November 2024 through May 2026**. The group meets **virtually 1x a month** for about 2 hours to gain **leadership and mentorship experience**. Then senators also work within formed committees to **plan a variety of events** leading up to the conference, with the busiest months being April and May. The committees include: *public relations, service, conference events, and liaisons to District committees*.



## What are the benefits of becoming a student senator?

Student senators get **work with others from across the District** including state presidents, the District Director and more to **advocate** for the profession and **create opportunities** that will better us individually as clinicians and as a whole. Through this work you will improve your **interpersonal skills** and gain a sense of how the profession operates at a regional level. In recognition of your work as a senator, *your registration and hotel expenses for the District Annual Symposium will be comped*. Throughout your time served, you will also be exposed to **networking** and future **job options**.



## How do I apply to be a student senator?

1. Become a **NATA Student Member** (cost varies by state; application [HERE](#)).
2. Get your **NPI Number** (free; find information [HERE](#)).
3. Solidify your **resume** - highlight your academic, employment, and volunteer experiences that make you a strong applicant.
4. Identify **2 references** who can speak to your future as an athletic trainer and your overall character fit for this position (1 must be an AT).
5. Compose **300-word essay** answering the following:

*Leadership and involvement are crucial in the field of athletic training. Reflect on your lived experiences and personal journey into this health care profession. Share how these have shaped your understanding of involvement and leadership and how that will impact your role within the MAATA Student Senate.*

6. Fill out the **application [HERE](#)** by **OCT. 4, 2024 @ 11:59 PM**.
7. Complete a 20 minute virtual **interview** so we can learn more about your experiences and interest in the Senate.



**For questions E-mail: [maatastudentsenate@gmail.com](mailto:maatastudentsenate@gmail.com)**

# Thank You Corporate Sponsors

The North Carolina Athletic Trainers' Association would like to thank the following 2024 corporate sponsors.

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