



Press Information

Below are definitions and general information pertaining to athletic training and valuable websites that can be used for factual information about injuries, the profession and catastrophic injury research. We respectfully ask that any reference to the profession or professional is referred to as athletic training/ athletic trainer(s), and not abbreviated to “trainer” if an abbreviation is needed please utilize the letters AT. Please let us know if you need any more resources.

Definition

Athletic Trainers (ATs) are healthcare professionals who render service or treatment, under the direction of or in collaboration with a physician, in accordance with their education and training and the states' statutes, rules and regulations. As a part of the healthcare team, services provided by ATs include injury and illness prevention, wellness promotion and education, emergent care, examination and clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and medical conditions. *Athletic training is recognized by the [American Medical Association \(AMA\)](#) as a healthcare profession.

**This definition is approved by the Inter-Agency Terminology Work Group and the Athletic Trainer Strategic Alliance, January 2017.*

<https://www.nata.org/about/athletic-training/terminology>

<http://bocatc.org/about-us#what-is-an-athletic-trainer>

North Carolina Athletic Trainers Association:

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers Association (District 3) and the National Athletic Trainers' Association.

<https://ncathletictrainer.org/>

Education:

Students become eligible for BOC certification through an athletic training degree program (Bachelor's or entry-level Master's) accredited by the [Commission on Accreditation of Athletic Training Education \(CAATE\)](#). Students engage in rigorous classroom study and clinical education in a variety of practice settings such as high schools, colleges/universities, hospitals, emergency rooms, physician offices and healthcare clinics over the course of the degree program. Students enrolled in their final semester are eligible to apply for the BOC exam. In order to practice in the North Carolina and 48 other states you

need to obtain licensure through the North Carolina Board of Athletic Training Examiners.

<http://www.ncbate.org/>

Catastrophic Injury Research Centers

The *mission* of the **National Center for Catastrophic Sport Injury Research (NCCSIR)** is to conduct surveillance of catastrophic injuries and illnesses related to participation in organized sports in the United States at the collegiate, high school, and youth levels of play. In working through a [Consortium for Catastrophic Injury Monitoring](#), the NCCSIR aims to track cases through a systematic data reporting system that allows for longitudinal investigation of athletes suffering from catastrophic injuries and illnesses. The goal of the Center is to improve the prevention, evaluation, management, and rehabilitation of catastrophic sports-related injuries.

<http://nccsir.unc.edu/>

Heat illness: <https://ksi.uconn.edu/>

Concussion: <http://tbicenter.unc.edu/>

Cardiac/Heart: <https://depts.washington.edu/spocard/>

Safety

<http://youthsportssafetyalliance.org/> (includes list of athletes across country that have passed away)

<https://ksi.uconn.edu/nata-atlas/> (national database of schools with athletic trainers, and safe sport awards)

<http://www.atyourownrisk.org/> (public website for safety advocacy)