



Board of Directors

2021 Executive Committee

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Committee Chairs

Please click **HERE** for a complete list of NCATA Committee Chairs.

Since 1974, the NCATA has served to support athletic trainers, to promote and advance the profession of athletic training in North Carolina. The NCATA is a member of the Mid-Atlantic Athletic Trainers' Association (District 3) and the National Athletic Trainers' Association.





PRESIDENT'S MESSAGE

Jim Bazluki, MAEd, LAT, ATC, EMT

Happy Holidays

The holidays are fast approaching and I for one am looking for a little down time. The leadership is working year-round to make sure everything runs smoothly. Every well run event takes months of preparation and dedicated individuals to make it look effortless. Special shout out to the

teams working on the education committee working to create a awesome event in March; shout out to our PR committee team who put on a great event with the NC School board meeting – exhibiting and presenting; and the Leadership Institute finished up its cycle with a great meeting in Raleigh. I am very proud of our teams that are playing vital parts for our association.

The Board of directors is meeting soon to work on the transition for President-Elect Walker. We always strive for a smooth transition and refreshing of the positions. I will stay on after the March meeting as a past president and will continue to support the efforts of the association. I am very confident in the transition and direction our association is going.

Its award season!!! Please nominate a worthy colleague to be honored by our association. Renominate if needed. We have a huge talent pool and we need to display them. Its also membership renewal season. Being a NATA member automatically gives you membership into the MAATA and NCATA. Without that membership, we would not be financially stable and be able to protect your right to practice. Please, please, please renew your membership with the NATA.

Take some time for yourself, enjoy family and friends. We appreciate you!!

Sincerely, Jim Bazluki, MAEd, LAT, ATC, EMT NCATA President

CONGRATULATIONS DISTRICT DIRECT-ELECT!

Ray Davis has been elected as the next Director of District 3. He will begin his term in June of 2022 at the NATA Convention, June 28 - July 1 in Philadelphia.





President-Elect Message Nina Walker, MA, LAT, ATC

Dearest Colleagues,

What a fun month it has been. I couldn't be more excited to lead this amazing organization in March and I am so grateful to President Bazluki for letting me get my feet wet in some organizational aspects. I am looking forward to learning about this association from him and the current EBoard and work to support the membership in the best way I can.

One major way I would like to support the association is by getting some new volunteers in our organization. We have already created positions of associate chairs to help support the current chairs and are now looking to fill some of our board positions. This is a great

time to come in and serve the association. So if you were even thinking about getting involved now is your time, you are never too young or old to get involved!! For volunteer on committees please COMPLETE THIS FORM. If you are interested in serving as a Board Member (College and University - both faculty and clinical, Emerging practices- non-clinic, military, performing arts, industry etc.) or help get our YP Committee off the ground, please email me at ncatapr@ncata.net a letter of interest with contact information. We will have a meeting on Dec 5th and would love to have the positions filled by then.

I know that we are all getting ready to renew our NATA membership and there has been talk of "Why Should I Renew?" One of the biggest reasons I have learned is the support of the State and District Associations. Your renewal gives us the resources for some of these wonderful initiatives: School Board Association booth and presentation, literally "seat at the table" for the Sports Hall of Fame- which has given us access to a wonderful space to meet with legislators due to our partnership, creative freedom for our PR to have innovative initiatives like our "Wheat Keep you Berry Safe" beer project and Art Collaborations and so much more. Without the resources from your membership we would not have the ability to sit at the table with so many amazing stakeholders in our state. So thank you in advance for your renewal.

Please also send us any pics of AT's in action! We would love to use NC ATs in our PR materials, but we need your help! Send pictures to ncatapr@ncata.net.

Have a wonderful holiday, take some time to refresh and recharge!!

Nina, NCATA President- Elect

45TH ANNUAL SPRING SYMPOSIUM

March 4-6, 2022

Holiday Inn Sunspree Resort | 1706 N Lumina Avenue | Wrightsville Beach, NC 28480

CALL FOR ABSTRACTS | DUE DECEMBER 3RD CLICK HERE TO SUBMIT

HOST HOTEL RESERVATIONS

Call 1-800-465-4329 or to make online reservations, click link. NCATA 2022 Group code is A22, Standard Rate \$104 or Oceanfront \$124 plus tax. Reservation rate deadline February 1, 2022.

WATCH THE SPRING SYMPOSIUM PAGE (EVENT TAB) ON THE NCATA WEBSITE FOR UPCOMING INFORMATION.

Topic areas will include footwear and running gait, wearable technology, what is QIP, providing culturally inclusive care, blood flow restriction, long covid, trends in shoulder rehabilitation, and more!

Greetings from the COPA

If you are interested in serving on the Committee on Practice Advancement, please contact us. Serving our profession is very gratifying and enables our profession to continue to thrive in today's healthcare system. Having said that, please reach out to any of our state leadership and committee chairs if you would like to be involved in the NCATA in any way.

If you have not registered for your NPI, please do so. The NATA continues to report that only 35% of ATCs have an NPI.

Applying for your NPI is quick, easy and free. Visit the CMS National Plan & Provider Enumeration System to complete your application today. Follow our <u>Step-by-Step NPI Application Instructions</u> (pdf) to apply today. (NATA).

According to the NATA, additional reasons to apply for your NPI are:

- Be a leader; only about 35% of the athletic training profession have their NPI.
- You only have to register once. This will be your NPI throughout your entire career.
- It is a requirement to serve on any NATA committee.
- It is mandated by many employers.
- State practice boards and electronic medical records may require it.
- П There is power in numbers; NPIs can impact:
 - Reimbursement efforts
 - Sports Safety Legislation o
 - Lobbying efforts O
 - Recognition by CMS



(over 2 courses)

COURSE SERIES



FAYETTEVILLE, NC COURSE I MAY 14-15, 2022 COURSE II JUNE 25-26, 2022

ELON, NC COURSE I JULY 9-10, 2022 COURSE II AUG 14-15, 2022





NCSBA Meeting

The NCATA was well represented at the NC School Board Association Meeting in Greensboro Nov 12-13th 2021. The volunteers were able to utilize the ATLAS survey to engage school board members while giving them concrete information on how to get ATs at the secondary schools. It was great to see some of our old friends and meet new members as well. This year was the first time that we were given an opportunity to present in a breakout session. The session was at capacity and had a special guest, Cardiac Arrest survivor Pablo Hortal, and his mother. Not a dry eye in the room as these amazing ATs, Emily Gaddy and Katie Hanes- Romano described legal precedent, AT vs FR study and all that went into these amazing lifesaving outcomes. Thanks to all the wonderful volunteers that participated in this very impactful event.

It's Never Too Early to NOMINATE

We have so many Certified Athletic Trainers' and other Healthcare Providers/Organizations that are well deserving of honors and awards...

Don't Delay...Nominate early.

Nomination Categories

Presidential Award

This award recognizes any business, medical practices, organizations or individual that have supported healthcare services above and beyond the expected in support of athletic trainers and the athletic training community.

AT Service Award

This award recognizes NCATA members for their service and contributions to the athletic training profession. ATSA recipients are involved in the local and state associations, community organizations and other services that represent the AT profession.

Bill Griffin Most Distinguished Athletic Trainer Award

This award recognizes NCATA members who have demonstrated outstanding commitment to leadership, service, advocacy and professional activities as an athletic trainer. The DAT recognizes NCATA members who are involved in service and leadership activities at the state, district and national level.

NOMINATIONS ARE DUE ON JANUARY 1ST, 2022

To Nominate Someone Today.....VISIT HERE

Stay up to date on Twitter as we highlight each nomination category throughout the month of November and December.

2022 LIFESAVER AWARD

2022 Lifesaver award will be given to Pinecrest High School Head Athletic Trainer Frank Sanchez and Assistant athletic trainer Morgan Krout who were at a XC meet at the Elks Lodge in Southern Pines, NC. A student athlete was a participant in the race when she stumbled and collapsed roughly 10 yards from the finish line. Sanchez was in the trail cart the entire race and had gotten a phone call that a runner went down towards the finish line. His assistant athletic trainer Morgan Krout was first on the scene and was able to talk to her first before she became unresponsive. The team, including Pinecrest wrestling coach Bob Curtin, started with chest compressions with no luck. They then moved to the AED, but had no success there either. It was not until EMS arrived that they were able to get a pulse on the athlete and immediately transferred her to the nearby hospital. When they left the course they were unaware that she had survived. The well timed chest compressions, and action plan saved Juliette's life.



Pictured L-R Robert Curtin, Morgan Krout, Juliette Suh, Frank Sanchez during recent reunion at Pinecrest.

READ MORE HERE

High School Athletic Trainer Honored at Carolina Panthers Game for Saving Soccer Player's Life

Congrats to Katie Hanes-Romano (pictured right) for this amazing honor.

CHECK OUT THIS ARTICLE about her life saving story.



Are you interesting in BEING a part of the HONORS & AWARDS Committee?

Honors and Awards are looking for individuals to help support in the following areas

Honors and Awards Committee

Your responsibility will include helping review applications and being a part of the selection of the Honors and Awards recipient. We meet quarterly and our heaviest months are November-March.

Criteria: Honors and Awards Committee

- Must be BOC ATC in good standing
- Must be a member of the NCATA
- Must have at least 1 year experience in the Athletic Training Profession

Scholarships Committee

Your responsibility will include collection, helping review applications, essays and being a part of the selection of the Scholarships recipient. We meet quarterly and our heaviest months are November-March.

Criteria: Scholarships Committee

- Must be a BOC ATC and in good standing
- Must be a member of the NCATA
- Must have at least 1 year experience in the Athletic Training profession
- Must be a non-faculty member

NCATA Hall of Fame Committee

Your responsibility will include gathering all important information of our Hall of Famer. We meet quarterly and our heaviest months are November-March.

- Must be BOC ATC in good standing
- Must be a member of the NCATA
- Must have at least 1 year experience in the Athletic Training Profession



Pictured left to right: Taryn Strickland, Nancy Groh, Erica Thornton, Scott Barringer

Diversity, Equity, and Inclusion

Hello NCATA! I would first like to announce Kelly Daniels as the new Associate Chair of the DEI Committee. Kelly was instrumental in the



execution of our DEI Summer Series and is already growing and improving our committee as the Associate Chair. I am grateful for all of our committee members and the unique perspectives they bring. We continue to value new voices and people passionate about DEI work. If you are interested in joining the DEI Committee, you can fill out the Volunteer Interest Form or email <u>dei@ncata.net</u> to share your interest and how you think you can contribute to the committee. Our next DEI Committee meeting will take place on Sunday, January 9th at 7 PM.

Thank you again to those that participated in the Summer Series! We liked the open forum so much that we want to continue to create that space. Join us on Monday December 13th for "Can We Talk?" sponsored by the DEI Committee. Time TBD.

As the fall semester winds down, now is a good time to remember that many religions celebrate holidays over the next few months, colder climates can pose different challenges among different populations, students going home for breaks don't always have the same type of experiences as each other, and everyone can benefit from a little grace and kindness. The links below share some of the upcoming holidays, days of remembrances, and heritage months that are recognized by members of our communities.

- Workplace Diversity, Equity and Inclusion Holiday Calendar
- **Diversity Awareness Calendar**
- Department of Defense Education Activity Calendar

*These calendars and lists were created by other organizations and may not be all encompassing for every individual that is part of our association.

Ethan

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NCBATE

If you have any questions or need any information regarding state licensure, practice act, statute, rules & regulations or the athletic trainer/physician protocol; please contact the state licensure board at www.ncbate. org. Contact: **Paola Learoyd**, Executive Director at executivedirector@ncbate.org

NCBATE BOARD MEMBERS

Martin Baker, LAT

Elon | bakerm@elon.edu Appointed by the Speaker of the House

Janna Fonseca, LAT

Durham | Janna.fonseca@duke.edu Appointed by the House

Daniel Duffy, LAT

Wilmington | danduffyatc@aol.com Appointed by the Senate Pro-Tem

Jackelyn Knight, LAT

Harnett County | knightj@campbell.edu Appointed by the Senate Pro-Tem

Jeffrey Carley, DO

Kings Mountain | carleyfamilycare@yahoo.com Appointed by the Speaker of the House

Michael Marushack, MD

Raleigh | michael.marushack@emergeortho.com Appointed by the Senate Pro-Tem

Public Member KaRonne Jones

Durham | jkaronne@gmail.com Appointed by the Governor

> **David Ferrell, Attorney** dferrell@vanblacklaw.com



NCATA SCHOLARSHIP

It's that time of year again to submit applications for Scholarships.

The NCATA offers three College scholarships (@ \$1,500 per) for current athletic training students enrolled at a college or university in North Carolina.

To be eligible for consideration of an NCATA scholarship, the applicant must:

- Be a current member of the NCATA, applicant must provide a copy of current NATA membership card
- 2. Be currently enrolled in a CAATE accredited professional athletic training education program (ATEP) in North Carolina
- 3. Must have earned a minimum of 2.5 overall GPA, and a 3.0 in ATEP courses
- 4. Three letters of recommendation from the following sources:
 - ATEP Director
 - I LAT, ATC clinical supervisor (must be different from program director)
 - One additional letter from: MD, instructor or Athletic Trainer
- 5. An official sealed transcript
- 6. An unofficial transcript with ATEP classes highlighted
- 7. An essay that must be typed, 10-point minimum, addressing future plans and goals for achievement.

The application is completed online. All other supporting documentation must be emailed together and received by February 1st, except for the Official Sealed Transcript, which should be **postmarked by February 1st**, **2022**. Please provide this email address, ncatascholarships@gmail.com, to those submitting a Letter of Recommendation. The Subject Line should contain your Full Name.





Have you wanted to submit for the Safe Sport School award but your school could not afford it? The NCATA has a grant for \$75 for eligible schools. If you are interested please fill out the form on our website under the AT Resources tab or CLICK HERE. If you have any questions please reach out to the NCATA Treasurer via EMAIL.









GET YOUR WORD OUT!

Advertise with the NCATA

The NCATA is now offering Advertising space in our Quarterly Newsletter. Our newsletter is electronically distributed to all NCATA members. You will be asked to submit 300 dpi jpg or high resolution PDF.

Please contact Eric Hall for additional information.

Price Breakdown:

1 Issue

Full Page 8.5" x 11" \$100 Half Page 8.5" x 5.25" \$75 Quarter Page 4" x 5.25" \$60

4 Issues

Full Page 8.5" x 11" \$320 Half Page 8.5" x 5.25" \$280 Quarter Page 4" x 5.25" \$200

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